

MAMA

GANOUSH



CATERING & GATHERING

From power lunches to squad celebrations, Mama Ganoush brings the easy, healthy and flavorful food every crowd loves. 15 or 400 guests? No problem.

Learn more at mamaganoush.com/catering



BOWLS FOR EVERYONE

(minimum order 12 bowls)

LEMON CHICKEN \$9.85/bowl

BASE: romaine hearts & saffron basmati rice

DIPS: hummus & whipped garlic

PROTEIN: lemon chicken

TOPPINGS: Shepherd salad, pickles, cabbage salad.

DRESSING: lemon tahini

PRICE: \$10.50 per bowl

GRILLED STEAK

BASE: romaine hearts & saffron basmati rice

DIPS: spicy hummus & tzatziki

PROTEIN: lemon chicken

TOPPINGS: tomato, pickles, sumac onion.

DRESSING: lemon tahini and yogurt +dill.

PRICE: \$11.30 per bowl

LOADED CAULIFLOWER

BASE: kale & cracked barley wheat

DIPS: hummus

MAIN: cauliflower steak (vegan)

TOPPINGS: tomato, pickles, toasted nuts

DRESSING: lemon tahini & charred jalapeño

PRICE: \$10.50 per bowl

THE GREEK

BASE: romaine hearts

DIPS: tzatziki & roasted pepper and feta

PROTEIN: lemon chicken

TOPPINGS: tomato, cucumber, onion, olives, beets, feta

DRESSING: sumac + pomegranate vinaigrette

PRICE: \$10.50 per bowl



DOUBLE DIPPING

Serve a casual spread of dips and spreads, pita and crudité's. Perfect for a meeting break or cocktail party. *(minimum order 12 guests)*

THE WHOLE SPREAD

13.50 per person

DIPS & SPREADS: hummus, spicy hummus, charred eggplant, tzatziki, whipped garlic & roasted pepper + feta

PITA & CRUDITÉS: za'atar pita chips, soft street pita bites, house made pickles, olives and crisp seasonal crudité's

HUMMUS AND PITA CHIPS

7.50 per person

DIPS & SPREADS: hummus and spicy hummus served with crispy olive oil and za'atar pita chips

DIP TRIO

10.50 per person

DIPS & SPREADS: hummus, tzatziki and charred eggplant

PITA & CRUDITÉS: za'atar pita chips and seasonal crudité's



PLANT-BASED

Serve our flavorful vegetarian spread with our signature cauliflower steaks and chickpea croquette. Perfect for office meetings, gatherings and celebrations.

\$16.95/person (minimum order 15 guests)

GREENS: romaine hearts & super mixed greens

GRAINS: saffron basmati rice, cracked wheat barley

MAIN: chickpea croquette, roasted cauliflower steak

DIPS & SPREADS: hummus, spicy hummus

TOPPINGS: marinated chickpeas, cucumber, tomato, julienne carrots, spicy broccoli, roasted beets, pickles, jalapeño and Kalamata olives

DRESSINGS: lemon tahini, sunflower seed harissa

STREET PITA & ZA'ATAR PITA CHIPS



MIDDLE-FEAST

Offer an entire Mediterranean spread. Perfect for office lunches and dinners, meetings and celebrations.

\$21.95/person (minimum order 15 guests)

GREENS: romaine hearts & super mixed greens

GRAINS: saffron basmati rice, dirty rice and cracked wheat barley

MEATS: lemon chicken, spicy beef meatballs.

VEGGIES: chickpea croquettes, roasted cauliflower steaks

DIPS & SPREADS: hummus, tzatziki, roasted pepper + feta

TOPPINGS: spicy potato, marinated chickpeas, cabbage salad, shepherd's salad, house made pickles and sumac onion.

DRESSINGS: lemon tahini, yogurt + dill and sunflower seed harissa.

STREET PITA & ZA'ATAR PITA CHIPS



STREET PITAS

Grab and go, or sit and savor. From company-wide lunches to group gatherings, our street pitas are pocket-sized but pack a punch of flavor.

(minimum order 15 guests)

LEMON CHICKEN

Romaine, tomato, cabbage salad, pickles, hummus, whipped garlic

\$9.85 per pita

GRILLED STEAK

Romaine, tomato, pickles, spicy hummus, sumac onion, tahini

\$11.50 per pita

LOADED CAULIFLOWER

kale, hummus, tomato, pickles, lemon tahini and charred jalapeño dressings.

\$9.85 per pita

CHICKPEA CROQUETTES

hummus, tomato, cabbage salad, pickles, carrots, lemon tahini, sunflower seed harissa

\$9.85 per pita

THE GREEK

lemon chicken, romaine, tzatziki, roasted pepper + feta, tomato, cucumber, beet, onion, olive, feta cheese

\$9.85 per pita

ADD-ONS

MEATS

Lemon Chicken

21.00 / per pound

Grilled Steak

24.00 / per pound

Spicy Meatballs

18.00 / dozen

VEGGIES

Chickpea Croquettes

\$16.00 / per dozen

Roasted Cauliflower Steaks

38.00 / per dozen

SNACKS

Za'atar Pita Chips

3.25 / 16oz bag

Mediterranean Olives and Pickles

3.65 / per 8 oz container

EXTRAS

DRINKS

Watermelon Lemonade

2.85

Rosemary + Mint Lemonade

2.85

Strawberry Lemonade

2.85

Pomegranate Iced Tea

2.85

SOUPS

Soup of the day

4.85 / per person

Mama's Chicken Soup

4.85 / per person

DESSERTS

Turmeric Cake

2.75 / per piece

Yogurt Cheesecake

3.75 / per piece

Halava + chocolate chip cookie

2.75 / per piece

SPECIAL ORDER

(48 HOURS NOTICE)

Beef Kibbeh

32.00 / dozen

Bite Size Meat Pies (beef)

32.00 / dozen

ORDER TIMING

We understand things happen at the last minute and we will try to assist as much as possible. However, we prefer a 24-hour notice. Our food is all prepared from scratch daily. If you have additional questions or ideas for your next event, please email gm@mamaganoush.com

SERVICE

18% will be added to each order for delivery and gratuity.

CANCELLATION POLICY

24-hours notice is required for cancellation on all orders. Same day cancellation will require 50% charge.

TO ORDER

We also provide ready-to-serve disposable trays, napkins, place card holders, utensils, and serveware. Disposable chafing dishes, stands and chafing fuel are also available (\$30/entire installation 15-50 guests). Ceramic and custom china, and stainless-steel serving dishes can be made available for an additional charge.